

5K Nine Results
Women's 5K
April 18, 2010

Female Overall Winner: Trina Romanowski Age Group: 30-34 Time: 21:00

5K	First	Last	Female	#	Time	Age
14-						
1	Emma	Dempsey	F	435	27:31:00	14-
2	Dakota	Diefenthaler	F	262	29:39:00	14-
3	Nikki	Martin	F	264	30:07:00	14-
4	Taylor	Klink	F	266	30:55:00	14-
5	Katherine	Weeden	F	257	31:04:00	14-
6	Taylor	Baugh	F	263	32:19:00	14-
7	Mary Margaret	Hollstein	F	258	37:49:00	14-
8	Riky	Carrier	F	260	43:49:00	14-
9	Lauren	Carrier	F	261	44:14:00	14-
15-18						
1	Abby	Carpenter	F	267	23:58:00	15-18
19-24						
1	Jennifer	Whitworth	F	483	24:27:00	19-24
2	Carrie	Kline	F	271	25:39:00	19-24
3	Ashley	Timm	F	273	25:50:00	19-24
4	Michelle	Schulze	F	437	26:12:00	19-24
5	Amy	Maisano	F	268	26:51:00	19-24
6	Rachel	Lorenzo	F	272	27:39:00	19-24
7	Christina	Allyn	F	436	31:57:00	19-24
8	Krystle	Iffland	F	270	32:10:00	19-24
25-29						
1	Mindy	England	F	432	24:04:00	25-29
2	Kelly	Shanks	F	278	25:00:00	25-29
3	Tiffany	Heldt	F	284	25:50:00	25-29
4	Hilary	Hayden	F	8	27:22:00	25-29
5	Dana	Walsh	F	281	28:25:00	25-29
6	Megan	Schmidt	F	462	30:07:00	25-29
7	Jessica	McCarty	F	280	31:17:00	25-29
8	Morgan	Ramos	F	277	31:18:00	25-29
9	Hilary	Mead	F	283	32:02:00	25-29
10	Kristin	Barrios	F	282	34:52:00	25-29
11	Andrea	West	F	275	43:02:00	25-29
12	Monica	Heistand	F	276	44:34:00	25-29
13	Sarah	Petsis	F	274	45:01:00	25-29

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30-34

1	Trina	Romanowski	F	291	21:00:00	30-34
2	Kristie	Jones	F	498	22:42:00	30-34
3	Melissa	McKelvey	F	481	23:18:00	30-34
4	Jennifer	Clark	F	486	23:20:00	30-34
5	Emily	Gafford	F	298	25:39:00	30-34
6	Amanda	Swiggum	F	290	28:44:00	30-34
7	Jennifer	Cornell	F	285	29:05:00	30-34
8	Erin	Solis	F	299	29:22:00	30-34
9	Deloris	Clark-Osborne	F	287	29:46:00	30-34
10	Livia	Foo	F	3	31:11:00	30-34
11	Laura	Settles	F	289	31:59:00	30-34
12	Margene	Blaker	F	297	33:18:00	30-34
13	Tricia	McCarty	F	293	34:09:00	30-34
14	Ann	Dowling	F	292	34:38:00	30-34
15	Mari	Alvarez	F	464	34:55:00	30-34
16	Melissa	Roberts	F	296	34:56:00	30-34
17	Angela	Richardson	F	473	34:57:00	30-34
18	Kristin	Brighton	F	294	42:22:00	30-34
19	Jill	Settles	F	288	45:48:00	30-34
20	Kayla	Clark	F	295	45:48:00	30-34

35-39

1	Deena	Covey	F	17	21:38:00	35-39
2	Carol	Linares	F	433	24:47:00	35-39
3	Jeannie	Rainey	F	305	29:22:00	35-39
4	Heather	Walker	F	304	29:27:00	35-39
5	Kelly	Carrier	F	301	31:07:00	35-39
6	Sharilyn	Shoemaker	F	440	37:54:00	35-39
7	Tammi	Pifer	F	302	38:29:00	35-39
8	Marie	Sandy	F	300	39:10:00	35-39
9	Sandra	Whipple	F	468	43:07:00	35-39
10	Sara	Klooster	F	303	49:24:00	35-39

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40-44

1	Josephine	Weeden	F	308	21:57:00	40-44	
2	Debbie	Wobrock	F	500	23:04:00	40-44	
3	Lisa	Smith	F	313	23:10:00	40-44	*
4	Denise	Dashner	F	307	24:28:00	40-44	
5	Beth	Johnston	F	479	27:04:00	40-44	
6	Karin	Johnson	F	9	27:29:00	40-44	
7	Patricia	Seneker	F	309	28:13:00	40-44	
8	Rita	Edwards	F	311	28:46:00	40-44	
9	Denise	Wright	F	310	29:47:00	40-44	
10	Mikeal	Henning	F	306	32:47:00	40-44	
11	Lisa	Klink	F	312	33:37:00	40-44	

45-49

1	Michele	Horvath	F	10	25:46:00	45-49	
2	Mary	Roberts	F	316	27:30:00	45-49	
3	Kimberly	Fryman	F	314	28:12:00	45-49	
4	Cheryl	DusSault	F	482	31:38:00	45-49	
5	Leann	Cupp	F	315	32:28:00	45-49	

50-54

1	Cindy	Embry	F	323	24:44:00	50-54	*
2	Lori	Martin	F	322	27:26:00	50-54	
3	Sharon	Fielder	F	319	27:28:00	50-54	
4	Susan	Maloy	F	318	32:28:00	50-54	
5	Cyndi	Daniels	F	460	37:03:00	50-54	
6	Connie	Bacus	F	320	45:00:00	50-54	
7	Terrie	Hall	F	317	45:02:00	50-54	
8	Linda	Kline	F	321	49:23:00		

55-59

1	Laura	Betzoldt	F	326	27:59:00	55-59	
2	Nina	Draper	F	324	49:23:00	55-59	
3	Deb	Scharp	F	325	49:23:00	55-59	

60+

1	Donna	Olson	F	492	23:17:00	60+	
2	Mary	Steinhauser	F	494	32:53:00	60+	
3	Gretchen	Warwick	F	485	33:52:00	60+	
4	Sharon	Miller	F	499	37:14:00	60+	
5	Joan	Verheyden	F	328	48:31:00	60+	
6	Susan	Watson	F	327	49:22:00	60+	